

Art of the Month:

Crazy Creative Colors

By Jessica Titus



Cymone Dunne's abstract art taken at Mosaic.

Cymone Dunne, a second grader in Mrs. Carrie Morris's DiscoverArt class, painted the piece pictured above. The class modeled their art after abstract artist, Sonja Delaunay.

They began by tracing circular templates and then divided the tracings using straight lines. This resulted in geometric shapes that students filled with varying colors.

In addition to abstract art, Delaunay also manipulates color with skill, drawing emotion from the color itself. The students emulated this, learning how to balance cool and warm colors along with the use of white for value.

Dunne shared, "The one thing I was thinking of was trying to get it as artistic as I could." Mrs. Morris says she feels that Dunne accomplished this well.

"[Dunne's] carefully chosen use of color shows extreme artistic finesse" says Mrs. Morris. Dunne, seven, enjoys art and looks forward to completing more projects in the future.

The Sights At UCHE: Students Serving

By Matthew McNabb



UCHE students enjoying the Harvest Festival at Bridgeway

In late October, the UCHE students helped set up the annual Harvest Festival at Bridgeway. In place of classes, students had a service day in which they moved tables and decorated.

Mrs. Susan Richey, the site coordinator at the UCHE Bridgeway campus, directed the work force and helped make this party possible. She said the main mission was to get the church decorated and ready, which was made possible by the many kids who helped set it up.

Full of games and attractions, the families that attended were amazed by the amount of work everyone did.

In Mrs. Richey's opinion, the best attraction was the bounce houses. She said, "It was a great place for families to come to that's safe and also fun. Overall, [the Harvest Festival] is a good way to reach out to families and to the community."



Mrs. Chapman and Emma enjoying Harvest Festival

Look for more UCHE events in The Pulse! If you have an announcement or event you would like to include in future issues of The Pulse, please email us at ThePulseofUCHE@googlegroups.com.



Hobbies: Art—Inspiration Powered

By Matthew McNabb

Art is often created through inspired people. Marita McNabb, part-time artist, learned that her inspiration came from the world around her. McNabb found that her homeland of the Philippines inspired her to paint about 10 years ago. The flora and fauna there had a wide range of colors. When she moved to America, she found more inspiration through pictures which helped her continue her hobby. She started painting plain walls, then eventually tackled murals and canvases.

“While craftsmen make useful things, artists make beautiful things,” says McNabb. Animals and plants also provide her with inspiration, and often they

lead her to create diverse color schemes in paintings.

“Three or four pictures could come together with different colors to create one picture, and it makes that finished painting unique,” she explained.

McNabb does consider painting a hobby, and says that “as an artist, this is my way of expressing my freedom from daily business.”

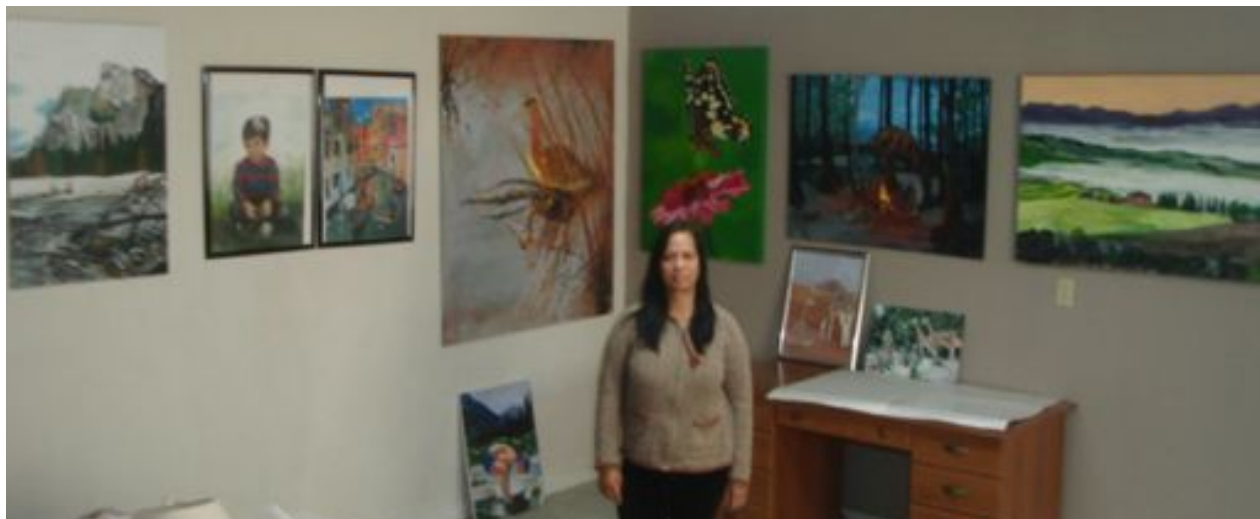
Her main advice to people who want to start learning this creative language is to “have a good sense of imagination and a lot of patience.”



McNabb working on latest project



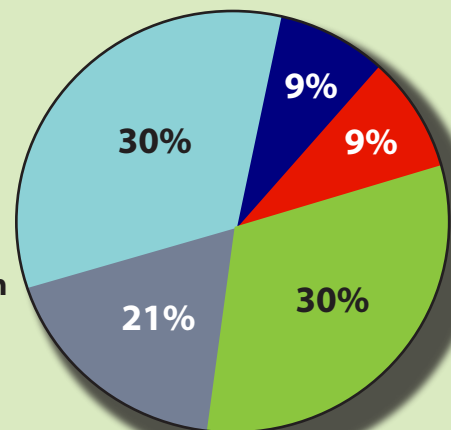
Painting of WWII aircraft



McNabb posing in front of her gallery

Opinion Poll: UCHE Students Share Favorite Christmas Movies

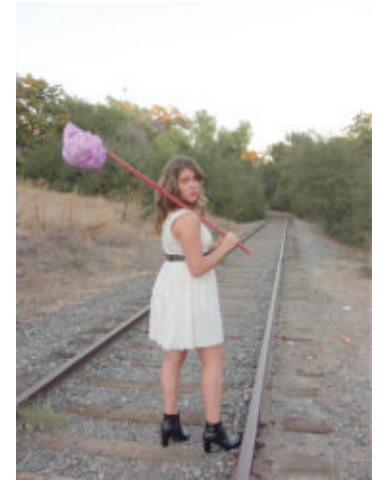
- The Grinch Stole Christmas
- Charlie Brown Christmas
- A Christmas Story
- Frosty The Snowman
- Rudolph the Red-Nosed Reindeer





Road Trip to College: The Benefits Of Eavesdropping

By Corinn McCauley



Location? • Cost? • Housing? • Decisions, decisions!

Despite the many factors to consider when choosing a university, the ultimate goal lies in finding a stimulating academic environment. Auditing classes can determine whether a university suits a prospective student's learning style.

High school students can audit classes at any university. Auditing classes gives prospective students an inside look at the reality of the college dream, the attitudes of the student body, and the teaching-style of the professors.

To a high school student, college can seem more like a distant dream than a reality. When stepping onto a college campus and actually attending classes, the high school student steps into their dream. The realization that the other students in the classes don't appear much older than him or herself brings the reality of their dream into the present. The ability to spend a day attending classes of his or her particular interest and design can boost vigor and determination to persevere in high school studies.



Student/Instructor interaction @ Cal State Berkley

Auditing classes also allows the prospective student to experience how the professors teach. Do they encourage discussion or lecture? A large part of college involves not only learning from professors but discussing things with fellow students. When the professors pose questions do the students respond, or does a chorus of crickets answer?

If a Christian student audits a class at a non-Christian university, does the lack of a Christian worldview trouble the student? If, when auditing classes in the prospective student's proposed major, he or she finds the classes incredibly boring, perhaps he or she should consider changing their proposed major. Auditing classes will answer all of these questions and more.



Corinn & the bronzed Mark Twain in Cal Berkley library

To audit classes at some schools one must obtain a pass. Interested parties should contact the school's admissions department to make arrangements. Prospective students must go online and select the classes they wish to attend from the university's class schedule which also provides the location and time of the class.

So go and eavesdrop for a day; it will provide great benefits.



The Student Spotlight with Grant Carson

By Jessica Titus

Ralph Waldo Emerson advised, “Do not follow where the path may lead. Go, instead, where there is no path and leave a trail.” Grant Mitchell Carson, a seventh grade student at UCHE, knows exactly how to do this.



Grant at William Jessup

Carson, eleven, already displays his fire for Christ. He shared that “trusting Jesus as [his] Lord and Savior and letting Him do big things in [his] life” continues to be his greatest accomplishment. Carson adds that the Lord gifted him with the ability to compose music.

He also shared his favorite bible verse with us: Romans 12:2 “Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” (New International Version) Carson chose this verse as his favorite after returning from India, where he served at the Central India Christian Mission.

In addition to serving God, Carson also enjoys learning. He said that his favorite subjects include math and Latin. He doesn’t have a favorite book, but he does appreciate the Star Wars series as well as selections of historical fiction.

When the Pulse asked Carson who he would like to converse with if he could choose, he wavered between several founding fathers before deciding upon George Washington.

In the book of Matthew, God calls His people to be the salt and the light of the world; He tells of man’s duty to be different, but each person must choose for himself whether or not he will obey this command. Carson clearly displays potential - potential to make things happen for God and to change the world.



Old-Fashioned Sugar Cookies

By Matthew McNabb

These simple, easy-to-make sugar cookies make a delicious Christmas treat. The prep time is about 20 minutes, with 3 to 4 hours of waiting for the dough to chill. Cut cookies into present, star, or Santa Claus shapes for added creativity. The cookies bake in 10-15 minutes.

- 1 cup butter, unsalted
- 1 cup white sugar
- 2 eggs, lightly beaten
- 1 teaspoon vanilla
- 3 cups flour
- 2 teaspoons baking powder
- 1 teaspoon salt



Directions

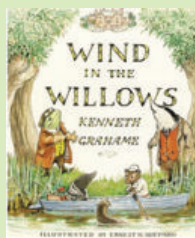
In a bowl, mix butter and sugar until creamy in texture, beat in the eggs and vanilla. In a second bowl, combine and mix the flour, baking powder, and salt. Stir flour into butter mixture 1 cup at a time. Chill dough for 3 to 4 hours. Roll out dough and make into circles with cookie cutters or knife, cut as desired. Brush with milk and sprinkle with colored sugar. Bake on a greased baking sheet or a parchment lined sheet pan in a preheated 350°F oven for 10 to 15 minutes depending on the size of the cookie. Cool and serve.



Selections Of A Literati

By Corrin McCauley

Elementary Selection:



“Wind in the Willows” by Kenneth Grahame articulates the picture of an ideal childhood: romping out of doors, learning responsibility, and relating with others. Each chapter presents a complete adventure, yet each

episode flows nicely into the next. Brought to life by the illustrations of Ernest H. Shepard, readers meet the enigmatic Badger, the timid Mole, the valiant Rat, and the bumbling, yet endearing Toad. These characters’ adventures teach a variety of lessons: pride comes before the fall, loyalty, and courage. This story stirs the emotions of lazy childhood days and youthful shenanigans. “Wind in the Willows”, a truly timeless tale, has earned the name classic.

God Encounters: Operation Christmas Child

By Jessica Titus

Operation Christmas Child, a ministry created by Samaritan's Purse, brings the hope and love of Christ to children throughout the world by delivering Christmas to their doors packed in colorful shoeboxes.



Boxes waiting to be sent, photographed by Kerry Hucknall

The informational website for Operation Christmas Child, or OCC, states their mission is "to demonstrate God's love in a tangible way to needy children around the world, and together with the local church worldwide, to share the Good News of Jesus Christ."

In 1990, United Kingdom native Dave Cooke, founded Operation Christmas Child after watching a documentary on the deplorable conditions of Romanian orphanages. With the assistance of friends, he managed to supply a few of the children with the items they needed.

Soon Cooke realized he could not single-handedly keep up with the amount of donations, so Operation Christmas Child partnered with Samaritan's Purse to serve more children.

Every year, volunteers fill hundreds of shoeboxes with necessities such as school supplies and personal

hygiene products, as well as novelties such as small toys, sunglasses, and hard candies. Samaritan's Purse ships these boxes using the seven dollar donation given by the donor to countries around the world.

The fulfillment of this cause depends entirely on the generosity of the volunteers; Operation Christmas Child could not function without the people who willingly offer their money, time, and love for a

child they have never met.

To begin, supporters fill out a card and select the gender and age range for which to plan. Supporters then fill the box with appropriate items and can also include a picture of themselves along with a personal note to the child.

Operation Christmas Child distributed over eight million boxes last year spreading joy and the unconditional love of Christ to nearly 100 countries.

If you are interested in blessing a child, or are willing to offer your prayers or assistance, you can find more information on this ministry at <http://www.samaritanpurse.org/index.php/OCC/>

Do you have a 'God Encounter' that you would like to share?

Please contact us at thepulseofuche@googlegroups.com. We'd love to hear how God is working in your life.

Selections Of A Literati continued from page 4



High School Selection:

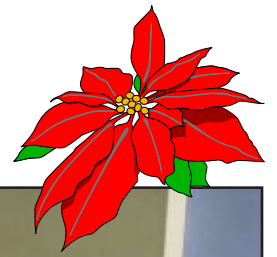
"This is Vanity Fair; not a moral place certainly; nor a merry one, though very noisy... perhaps [you would] like to step in for half an hour and look at the performances." William Makepeace Thackeray's novel "Vanity Fair" very purposely carries the subtitle "The Novel Without a Hero". Thackeray defied the usual form of his time by making his characters human, capable of betrayal, yet deeply affectionate, self-interested, yet self-sacrificing.

The novel chronicles the lives of Becky Sharp and Amelia Sedley, best friends since childhood and opposites in virtually every way. The reader journeys with Becky and Amelia into the opulence of the highest chambers on the social ladder, and then into the lowest dregs of society during their inevitable pitfalls. No portion of society escapes Thackeray's satiric wit and searing insight. Thackeray titled the prologue "Before the Curtain" naming himself as the "Manager of the Performance" and the characters puppets who have proved to be "uncommonly flexible in the joints, and lively of the wire." In this way, Thackeray establishes himself as the narrator and proves to be the most valuable character in the story.

Thackeray's Fair encompasses the party of his time and ours, full of everything splendid. One may think it great to visit as long as they disengage before becoming truly infected. The revelatory moment comes when the reader realizes they can put the book down, but they can never leave the Fair because after all, they're living in it.

Teacher Spotlight: Rigor, Relevance, and Relationships—A Code To Live By

By Corrin McCauley



“We have a word in education, metacognition. It means to think about thinking. My goal is to get my students to think about what they’re thinking and the way they think about it,” explained David John Sachs.

Mr. Sachs teaches health science, worldview/ leadership, and college prep for UCHE. He possesses a bachelor’s degree in physiology and a bachelor’s degree in education which means he has done a lot of metacognition.

Mr. Sachs’ expertise lies not only in the cerebral but also in the physical. He coached football for nine years and served in the military under the active duty division.

“It really made me grow up. The military really changes the essence of how you face fear, your work ethic, and your sense of duty. It was life-changing,” he expressed.

Mr. Sachs also noted the birth of his daughter as another life-altering experience.

He explained, “Becoming a dad defines who you are as a man. You are now responsible for this little, beautiful human being. It rocks your whole world.”

Like all children, as a youngster, Mr. Sachs idealized his parents, but from a very early age his passions and their desires did not align. Coming from a family of professionals, they defined themselves by their careers and level of education. From the point when Mr. Sachs realized these things don’t matter in God’s world; he began pursuing his own dreams. He feels very blessed to have come to this realization, and only wishes he could have arrived there sooner.

Mr. Sachs explained, “Your value as a person is not defined by the world’s standards. You have value because you are a child of God. The other stuff will take care of itself.”

“I always felt strongly that there was something bigger than me, something spiritual, and it was loving and kind.”

Growing up in a Jewish household he felt a deep connection with God from an early age.

“I always felt strongly that there was something bigger than me, something spiritual, and it was loving and kind. I knew this spiritual entity was my



Mr. Sachs poised and excited to teach

overseer and protector. I wasn’t able to put a name to the conviction until religion was introduced to me. I felt like I had a relationship with Him before I truly knew who He was. I wish I could tell my younger self that God is not just about going to church once a week, and explain how this “God-thing” really works,” he explained.

Receiving the Lord impacted Mr. Sachs in wonderful and irrevocable ways.

He shared, “My view on life was altered after accepting Christ along with my actions and motives.”

Mr. Sachs feels his spirituality and desire to help others translated into his adult life. His compassion led him to pursue a career in education.

He explained, “I love helping people, and I love to learn. So I thought teaching was a great way to mold the two together.”

Mr. Sachs’ favorite moments in teaching occur when a student reaches a new level of understanding and makes a connection with the material. He also loves discussion, inquiry, and student participation.

For Mr. Sachs, a draw back in teaching many classes is the lack of time to prepare thoroughly. He also wishes he had more time with the students each class period.

Over his many years of teaching, Mr. Sachs has developed a distinct philosophy of education. First and foremost he strives to develop critically-thinking

Teacher Spotlight continued from page 6

students who connect with their studies. He hopes to ignite their excitement for their role in God's kingdom.

Mr. Sachs shared the insights gained while working in juvenile probation as a counselor. "All the work I did there has given me a deeper understanding of where kids are coming from. Teaching isn't about dumping content it's about teaching humanity, and character. There are many life lessons that take place inside a classroom, and there are human dynamics that play out. No teacher simply teaches a subject. They are teachers of life. Whether they like it or not, teachers have to meet students where they're at. Students will bring their best and worst days into the classroom," he expanded,

Mr. Sachs believes if students fail to comprehend or lack interest in a certain material then the curriculum is not right for that classroom and should be switched. This belief caused him to develop what he calls "The Three R's of Education":

1. Rigor: in content
2. Relevance: for the students
3. Relationship: "If you don't have a firm relationship with your students the other two don't matter."

Mr. Sachs reports that teaching at UCHE provides a different experience from any past teaching opportunity.

He said, "I love the informality because in public school I couldn't pray with my students. Now I get to pray with them most times we meet. With a rigid schedule there was no time for me to ask students how their day or week was going or have conversations to build solid relationships. Also in the public system with standardization and mandates, you can't really enjoy what you are teaching. [UCHE] students are very special. The kindness with which they treat both each other and me is unbelievable. I've taught in some of the worst environments, and this is the whole other side of the spectrum."

He also joked that he survived until this point to be given this opportunity.

UCHE is certainly glad he survived until now and has joined our staff. We feel so very gratified that the blessing Mr. Sachs provides us blesses him in return.



Christmas Word Search

F	O	W	I	S	E	A	Y	A	X	L	J	U	H	E
C	V	O	Y	W	V	N	U	M	P	Q	B	Z	N	Z
W	H	E	Z	G	G	G	C	H	L	T	F	W	H	E
O	P	M	A	N	G	E	R	T	A	P	P	A	V	M
J	Z	P	S	W	T	L	G	I	D	F	V	U	C	X
R	I	P	Z	J	Q	S	N	R	J	Z	J	U	C	R
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Z	H	S	H	E	P	A	R	D	S	S	P	Q	D	H
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H	M	I	H	B	D	N	D	Z	N	Y	D	R	M	E
J	O	S	E	P	H	C	D	M	Z	Z	I	Z	F	B

ANGELS
SHEPARDS
JESUS
MANGER
BETHLEHEM
STAR
WISE
MEN
JOY
MARY
JOSEPH



THE PULSE

Student Editor

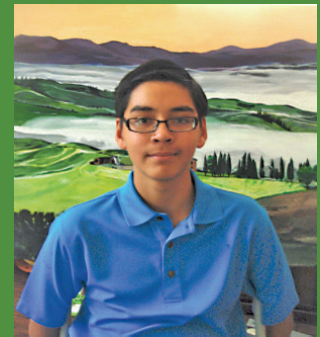
Jessica Titus (grade 11) dreamed of becoming a mermaid when she was little.



Meet The Pulse Staff!

Student Writer

Matthew McNabb (grade 9) dreamed of following in his cousins footsteps and becoming a Policeman.



Layout Editor

Corrinn McCauley (grade 11) dreamed of becoming a rock star and playing "Johnny B. Good" to thousands of adoring fans when she was little.



Faculty Adviser

Rose Oates, being an ambitious 1st grade student, once dreamed of becoming both a singer and an author.



Layout Designer

George Barnett (Corrinn's Grandpa) was way too busy being a child to be a dreamer.



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