

M.C.A. Café

January		February	
24	Breakfast for Lunch French Toast	2	Spaghetti & French Bread
26	Turkey Chili (Veggie Chili also available)	7	French Bread Pizza
31	Bean & cheese Nachos	9	Wraps (Veggie & Turkey available)
		14	Baked Ziti with french bread
		16	Chicken & Rice
		21	Bean & cheese Quesadillas
		23	Breakfast for Lunch egg and potato scramble
		28	Spaghetti & French Bread

Lunches cost \$4.00 each for a prepaid card of 10 meals

Lunches cost \$4.50 each if purchased individually

All lunches are served with a side of fruit or vegetable, drink and dessert.

A vegetarian and gluten free option will be available by request.

Please let us know in advance of any allergies your student has so we are able to do as much as possible to accommodate your family.